

Realizing Your Potential presents

www.realizingyourpotential.ca

An Educational Kinesiology Foundation 200 Series Course



*Understanding, integrating and enhancing your natural vision,
through the expanded awareness of the senses.*

Sher Smith RN, BCPP, IF

September 18 - 20, 2026 (online)

What are Vision Circles About



- ♦ creative exploration of 8 developmental spheres of perceptual intelligences
- ♦ experiential play and artistic exploration
- ♦ new uses of Brain Gym for visual, auditory and kinaesthetic awareness



- ♦ a fun and easy way to integrate and dissolve learning blocks
- ♦ begin to re-establish natural gifts present at birth and often suppressed over time
- ♦ a process that offers easy ways to improve outward vision and one's insight
- ♦ opening the way for the expression of true potential

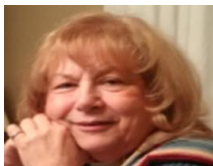


This course offers:

- ◆ noticing & awareness skill development
- ◆ enhancement of linguistic awareness
- ◆ enhancement of bodily kinesthetic awareness
- ◆ increasing of focusing skills
- ◆ improvement with memory & listening
- ◆ increases inner calm
- ◆ enhancement of intuitive sense
- ◆ exploration of 32 specific Vision Gym movements
- ◆ the use of play and movement for ease of learning
- ◆ the opportunity to open to expressing all our own innate capabilities



YOUR FACILITATOR



Sher Smith, RN, B.C.P.P., RPE, IF is a Registered Nurse, Board Certified Polarity Practitioner, Registered Polarity Therapy Educator and Educational Kinesiology Instructor who has been involved in the Holistic health field since 1979.

Her professional training is varied and comprehensive, including studies in Cranial Sacral Therapy with Franklyn Sills and the Upledger Institute; along with certification in Neuro-Linguistic Programming, Educational Kinesiology and Touch for Health.

Sher was the founding President of the Ontario Polarity Therapy Association, is a member of the American Polarity Therapy Association (having served as Past-Vice-President of the Board of Directors), and is the Director of the Realizing Your Potential Center of Holistic and Energetic Studies. She is a Canadian International Faculty member for Brain Gym® with the Educational Kinesiology Foundation in Ventura, California.

Sher is available for private consultations and sessions in person or by Skype and to teach globally.

Email: info@realizingyourpotential.ca

Web: www.realizingyourpotential.ca

Blog: <https://energyfunlight.wordpress.com/>

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Comments From Previous Attendees

I gained a deeper understanding about perceptions,

- it re-enforced material from a new perspective, like looking in a different window
- I enjoy the playful community for learning and expansion
- enjoyed the small group attention that allows personalization
- Sher's Indepth knowledge is amazing
- it was great learning the VG movements and doing such fun ones as the talking fish
- I benefitted from our conversations, the visualizations, the exercises/balances, going outside, your teaching, meeting new classmate, my self-discoveries
- I will use the information in my daily life and assist those who come my way and are open, I plan on using aspects of VG if not a whole balance, on a daily basis to manifest - my visions in the physical world
- I appreciated developing my visual skills, not only seeing with my physical eyes, also encompassing more of possibilities that I can imagine or notice
- It was great being in the "Brain Gym" zone!, being with BG folks
- this I will use with my trauma recovery group, Seniors homes, putting out and being open to whomever comes to me for support or re-education, within their system
- Sher's research allowed me to go deeper into greater knowledge & awareness available for interpretation around this course
- an integrated understanding of the process of vision circles in a clear defined way
- brought the process on Brain Gym/Vision Circles into more reality
- learning more about myself, how to fill the gaps in my development

Registration Form

Vision Circles

September 18-20, 2026 (online) (EST)

Name: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Phone #: (_____) _____

Email: _____

Signature: _____

Date: _____

*Your tuition fee is refundable only if the training is cancelled.
A confirmation e-mail will be sent upon receipt of your full payment or deposit.*

PREREQUISITE: None

PLACE: Online (all three days required)

TIME: 9:30 a.m. - 5:00 p.m. EST

TUITION: \$595(Cdn)

EARLY REGISTRATION: \$495 with \$100 deposit one month prior to start of course

Phone: 905-751-1076

Email: info@realizingyourpotential.ca

Website: www.realizingyourpotential.ca