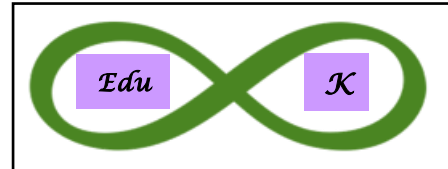


Realizing Your Potential presents

www.realizingyourpotential.ca

An Educational Kinesiology Foundation 200 Series Course



with **Sher Smith** RN, B.C.P.P., IF

November 26-29, 2026 - Online

The Teacher Practicum provides the skills to support the emergence of the authentic teacher in each participant. Completion of this allows the student to apply for licensure to teach Brain Gym® classes and present themselves as Edu-K consultants. The Teacher Practicum is a thorough training for successful facilitation and is highly transformational on the personal level. This class will give you a deeper understanding of Educational Kinesiology and broaden your base and your use of Brain Gym®, both personally and professionally. Licensure is through the Edu-K Foundation.

Prerequisites:

- Brain Gym® 101 (x2)
- Edu-K In Depth
- Optimal Brain Organization (formerly BOP)
- Electives



Check www.braingym.org for a current licensure checklist.

Note: To become licensed a payment to the foundation will be required.

Comments from previous Attendees:

- puts all the pieces together, I feel more confident with the material
- new learning – integrations of information, review of information learned previously
- it has been a wonderful experience to practice delivery of 101, also the benefit of clarification of some details & concepts
- puts all the pieces together, I feel more confident with the material
- new learning – integrations of information, review of information learned previously
- it has been a wonderful experience to practice delivery of 101, also the benefit of clarification of some details & concepts
- a lot of useful information, people you speak the same languages, new people for my network
- fine tuning movements, all things regarding opening a business, wording, practice writing lesson plans, postcards etc. promotional info – adlib discussions
- key pieces of material that I need to prepare/market myself as a BG instructor
- the inaction, the uses of information, the dynamics of the group (nice people!!), no fear to do wrong
- openness, freedom to discuss numerous topics not in a specific order, fluidity of course, all the students in the class practicing teaching – realizing I know a lot and am confident
- the wealth of information that you have & how to speak/word statements so that I can be successful without looking needy for a job
- very customized, could give very useful information about a lot of topics,
- fabulous as usual, love that not taught from book, listens to the needs of her audiences and varies class to meet their needs, very positive and encouraging
- you're fantastic! I look forward to learning more from you

YOUR FACILITATOR



Sher Smith, RN, B.C.P.P., IF, is a Registered Nurse, Board Certified Polarity Practitioner, Registered Polarity Therapy Educator and Educational Kinesiology Instructor who has been involved in the Holistic health field since 1979.

Her professional training is varied and comprehensive, including studies in Cranial Sacral Therapy with Franklyn Sills and the Upledger Institute; along with certification in Neuro-Linguistic Programming, Educational Kinesiology and Touch for Health.

Sher was the founding President of the Ontario Polarity Therapy Association, is a member of the American Polarity Therapy Association (having served as Past-Vice-President of the Board of Directors), is a member of the Craniosacral Therapy Association of the United Kingdom, and is the Director of the Realizing Your Potential Center of Holistic and Energetic Studies. She is a Canadian International Faculty member for Brain Gym® with the Educational Kinesiology Foundation Santa Barbara, California.

Sher is available for private consultations and sessions in person or by Skype and to teach globally.

Email: info@realizingyourpotential.ca

Web: www.realizingyourpotential.ca

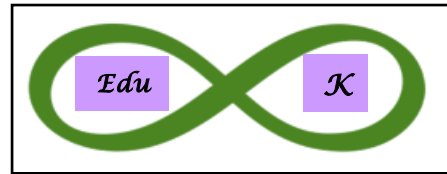
Blog: <https://energyfunlight.wordpress.com/>

Facebook: <https://www.facebook.com/realizingyourpotentialRichmondHill>

Registration Form

Practicum

November 26-29, 2026 – Online



Name _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Phone #: (_____) _____

Email: _____

Signature: _____

Date: _____

*Your tuition fee is refundable only if the training is cancelled.
A confirmation e-mail will be sent upon receipt of your full payment or deposit .*

PREREQUISITE: Brain Gym 101 + Indepth + OBO + Electives

PLACE: Online

TIME: 9:30 a.m. - 5:00 p.m. EST

TUITION: \$695 CDN

EARLY REGISTRATION: \$595 CDN with \$100 deposit one month prior to start of course

(course is tax deductible with tax receipt for the year given in March of the following year)

Phone: 905-751-1076

Email: info@realizingyourpotential.ca

Website: www.realizingyourpotential.ca