

Realizing Your Potential presents

www.realizingyourpotential.ca

Language of Movement

...more “nuts & bolts” for your in-depth balances!

Sher Smith RN, BCPP, RPE

November 13-15, 2022 - Online

Language of Movement...

**takes Brain Gym® to a deeper level
with more skills.**

To live is to move. The success of Edu-K's unique program, Brain Gym®, can be attributed to its effective movements, and balances, as well as to its addressing the physical skills of learning. Since the beginnings of the Edu-K work in 1981 and the publication of *Brain Gym® Simple Activities for Whole-Brain Learning* in 1986, Edu-K has offered an original approach to education by bringing more movement, pleasure, and mastery to all types of learning.

In the spirit of true education, we in Brain Gym do our best to accept ourselves as individuals with unique challenges and great potential. We seek to meet ourselves where we are, to honor that place and to stay open to learning at our own pace, for our own intrinsic worth. In the world of Brain Gym®, you will now have a perpetual opportunity to move through the rich landscape of your own sensory integration. As you rediscover the physical skills involved in your personal learning process, you'll realize how each one of us is engaged in a lifelong odyssey of growth.

Benefits and Highlights:

- ♦ Clear compensatory movement patterns
- ♦ Increases knowledge and expertise of the Brain Gym® consultant
- ♦ Experience the depth of wisdom Paul has garnered over the years
- ♦ Understand the true potential of Brain Gym®
- ♦ Time for personal questions
- ♦ Learn how to deepen the Brain Gym® work with the skills of this course

“Movement is life...although we may think of ourselves in terms of rational, cognitive skills...it is our emotions and their movement through the body which gives meaning to our lives.” - Paul Dennison Ph.D.

Deepen your knowledge of the Edu-K advanced balancing process and enhance your skills in this three-day course. An in-depth study of movements and postures as they pertain to learning abilities and brain function will be offered. New techniques for deeper relaxation and increased muscle integration will be explored, along with ways to increase vitality and body efficiency. Prerequisite: Edu-K In Depth: Seven Dimensions of Intelligence.

**Register
NOW!**

YOUR FACILITATOR



Sher Smith, RN, B.C.P.P., RPE, is a Registered Nurse, Board Certified Polarity Practitioner, Registered Polarity Therapy Educator and Brain Gym Instructor who has been involved in the Holistic health field since 1979.

Her professional training is varied and comprehensive, including studies in Cranial Sacral Therapy with Franklyn Sills and the Upledger Institute; along with certification in Neuro-Linguistic Programming, Brain Gym and Touch for Health.

Sher was the founding President of the Ontario Polarity Therapy Association, is a member of the American Polarity Therapy Association (having served as Past-Vice-President of the Board of Directors), is a member of the Craniosacral Therapy Association of the United Kingdom, and is the Director of the Realizing Your Potential Center of Holistic and Energetic Studies. She is a Canadian International Faculty member for Brain Gym® with the Breakthroughs Int'l Foundation in Ventura, California.

Sher is available for private consultations and sessions in person or by Skype and to teach globally.

Email: info@realizingyourpotential.ca

Web: www.realizingyourpotential.ca

Blog: <https://energyfunlight.wordpress.com/>

Facebook: <https://www.facebook.com/realizingyourpotentialRichmondHill>

Note: see Registration Form below

Registration Form

Language of Movement

November 13-15, 2026

Name: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Phone #: (_____) _____

Email: _____

Signature: _____

Date: _____

*Your tuition fee is refundable only if the training is cancelled.
A confirmation e-mail will be sent upon receipt of your deposit or full payment.*

PREREQUISITE: Brain Gym 101

PLACE: online, (based in Wasaga Beach, ON, Canada)

TIME: 9:00 a.m. - 5:00 p.m. (EST)

TUITION: \$495

EARLY REGISTRATION: \$395 with \$100 deposit one month prior to start of course

(course is tax deductible with tax receipt for the year given in March of the following year)

Phone: 905-751-1076

Email: info@realizingyourpotential.ca

Website: www.realizingyourpotential.ca